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A.C.C. PREPARATORY PROCESSES FOR RUNNING ENGRAMS

SELECTED PERSONS OVERT ACTS

The student is started in the following fashion: "Find a person you have failed to help." By Two way comm, not repetetive. Several persons may be located. Select one that is real to the pc (not wholly unreal) and run the following process:

"Recall a time you did something to (selected person)". This is a repetetive command. The auditing is done "muzzled". The auditor is not permitted to say ANYTHING to pc except the command and to acknowledge that command's answer, once the process is started. If the pc originates the auditor is permitted to nod. If pc seems to have lost the command, the auditor says, "I'll repeat the auditing command" and does so. No discussions, rudiments beyond START and END OF SESSION are employed.

When several persons so selected are apparently flat, the process may be considered flat. Some reality should have been gained by both auditor and pc.

OVERT ACT STRAIGHT WIRE

When several persons have been run with the above, the auditor broadens the process to the command, " Recall a time you did something to somebody". This is also run "muzzled". When pc originates the auditor does not speak, he only nods his reply. When the preclear seems to be without a command, the auditor repeats it as above. No further two way comm is allowed.

ARC BREAK STRAIGHT WIRE

When pc shows signs of being easy with the next above process, the process used becomes ARC BREAK STRAIGHT WIRE run in the following fashion. For the first time, E-meters are employed. The sole use of the E-meter is to locate incidents in time, BC-AD dates to be used only, "Is it greater than ..." "Is it less than ..." "Is it such and such a date?" A forbidden question is "How many years ago" as this is the sole criteria used in between-life implants where they say things are "Years ago".

The question "When?" is the only thing the auditor solves and only when needed, and he tells the pc about the drops he gets.

The command is "Recall an ARC break." The pc does. The auditor says "When?" Any time statement by the pc is accepted except "I don't know." If pc says this, the auditor resolves it with the E-meter, tells the pc and then continues the process. Any other origin by pc is met with a nod only.

This process goes very easily into whole track. If a whole track incident is located in time it de-intensifies or goes back on the track. By locating the incident in time the pc is not made to plow through an engram with this command only, which is poor stuff. Therefore a departure is allowed from the above regimen and no two-way comm is permitted beyond locating the incident in time. The process will be found to open up a track into greater and greater reality.

As ARC Break Straight Wire will give 3D spots on the track, it can then be followed by regular engram running.

L. Ron Hubbard